

## TBH: CHILD & ADOLESCENT VERSION (with scoring)

### TRAUMATIC EVENTS for 7-18 year-old children and adolescents

(Adapted from the Child PTSD Checklist, © Michael Scheeringa, MD, MPH, 2010, Tulane University, New Orleans, LA)

Youth TIPS #: \_\_\_\_\_

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Youth Name: \_\_\_\_\_

Age of Child: \_\_\_\_\_

**For 7-18 Year-Olds to fill out about themselves:**

TO COUNT AN EVENT, YOU MUST HAVE FELT ONE OF THESE:

- (1) Felt like you might die
- (2) Had a serious injury or felt like you might get a serious injury, or
- (3) Saw (1) or (2) happen to another person, or saw someone die.

	0 = <b>Did not happen</b> to me. 1 = <b>Did happen</b> to me.	Circle your <u>age</u> when this happened to you the <u>first</u> time.	Circle your <u>age</u> when this happened to you the <u>last</u> time.	Circle <u>how many times</u> this has happened to you.
1. Crash in automobile, plane, or boat.	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
2. Attacked by an animal.	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
3. Disasters (flood, hurricane, tornado, house fire, war, etc.).	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
4. Unusually scary medical procedures or hospitalization.	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
5. Physical abuse.	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
6. Sexual abuse, sexual assault, or rape.	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
7. Life-threatening injuries (burns, falls, near drowning, etc.).	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
8. Witnessed <u>another person</u> being beaten, raped, threatened with serious harm, shot at, seriously wounded, or killed.	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
9. Other:	0 1 Not sure	0-6 7-12 13-18	0-6 7-12 13-18	1 2-5 6-9 ≥10
10. If more than one event happened to you, write the number of the event that you think caused the most distress:				

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**For 7-18 Year-Olds:**

Below is a list of problems that kids sometimes have after experiencing events from the previous page. Read each one carefully and circle the number (0-3) that best describes how often that problem has bothered you IN THE LAST 2 WEEKS. Fill this out even if no events were experienced on the previous page.

	(0) Not at all/ only once	(1) Once a week or less/ once in a while	(2) 2 to 4 times a week/ half the time	(3) 5 or more times a week/almost always
11. Having upsetting thoughts or images about the event that came into my head when I didn't want them to	0	1	2	3
12. Having bad dreams or nightmares	0	1	2	3
13. Acting or feeling as if the event was happening again (e.g., hearing something or seeing a picture about it, and feeling as if I was there again)	0	1	2	3
14. Feeling upset when I think or hear about the event (e.g., feeling scared, angry, sad, guilty, etc.)	0	1	2	3
15. Having feelings in my body when thinking about or hearing about the event (e.g., breaking out into a sweat, heart beating fast)	0	1	2	3
16. Trying not to think about, talk about, or have feelings about the event	0	1	2	3
17. Trying to avoid activities, people, or places that remind me of the traumatic event	0	1	2	3
18. Having much less interest in doing things I used to do	0	1	2	3
19. Not feeling close to people around me	0	1	2	3
20. Not being able to have strong feelings (e.g., being unable to cry or unable to feel happy)	0	1	2	3
21. Feeling as if my future plans or hopes will not come true (e.g., feeling as if I will not have a job, or get married, or have kids)	0	1	2	3
22. Having trouble falling or staying asleep	0	1	2	3
23. Feeling irritable or having fits of anger	0	1	2	3
24. Being overly careful (e.g., checking to see who is around and what is around)	0	1	2	3
25. Being jumpy or easily startled (e.g., jumping when someone walks up behind me)	0	1	2	3

(Items 11-25 are from the Child PTSD Symptom Scale (CPSS), Caregiver Version [Foa et al., 2001])

**CONTINUED ON NEXT PAGE**

**For 7-18 Year-Olds:**

Please circle the number under the heading that best describes you:

	(0) Never	(1) Sometimes	(2) Often
26. Feel sad, unhappy	0	1	2
27. Feel hopeless	0	1	2
28. Down on myself	0	1	2
29. Worry a lot	0	1	2
30. Seem to be having less fun	0	1	2
31. Fidgety, unable to sit still	0	1	2
32. Daydream too much	0	1	2
33. Get distracted easily	0	1	2
34. Have trouble concentrating	0	1	2
35. Act as if driven by a motor	0	1	2
36. Fight with other children	0	1	2
37. Do not listen to rules	0	1	2
38. Do not understand other people's feelings	0	1	2
39. Tease others	0	1	2
40. Blame others for my troubles	0	1	2
41. Refuse to share	0	1	2
42. Take things that do not belong to me	0	1	2
43. Worry about things working out for me	0	1	2
44. Worry about being as good as other kids	0	1	2
45. Feel afraid to be alone at home	0	1	2

(Items 26-42 are from the Pediatric Symptom Checklist [Murphy et al., 1989])

(Items 43-45 are from the SCARED [Birmaher et al., 1999])

	No or Unknown	Yes
46. In the last 90 days, have you had suicidal ideas or attempted suicide?	0	1
47. Have you heard voices or seen things that other people don't hear or see?	0	1

**For 13-18 Year-Olds ONLY:**

	No or Unknown	Yes
48. In the last 90 days, have you abused alcohol and/or drugs?	0	1

(Items 46-48 are from the Behavioral Health Screening Form [DCFS])

**Thank you.**

**CONTINUED ON OTHER SIDE**

**TBH SCORING**

Cut-off Scores that Indicate Clinical Concern and Cause for Referral to Clinicians.

	<b>Items</b>	<b>Cut-off</b>
<b>PTSD score</b> (15 items)	#11-25	10 or higher
<b>Internalizing score</b> (8 items)*	#26-30 + #43-45	8 or higher
<b>ADHD score</b> (5 items)	#31-35	7 or higher
<b>Externalizing score</b> (7 items)	#36-42	7 or higher